



Friendship Connection

A community club for young adults with special needs,
their friends, & community members.

September 2015 Activities

Thursday, September 3:

Time: 10 am to 11:30
Location: **Courage League Sports**, 4405 121st St, Urbandale, 50323
Activity: **Group play and exercise**
Dress: Casual
Phone: [515-222-3660](tel:515-222-3660)

Thursday, September 10:

Time: 10 am to 11:30
Location: **West Des Moines Human Services**, 139 6th St, West Des Moines, 50265
Activity: **Karaoke**
Dress: Casual
Phone: [515-222-3660](tel:515-222-3660)

Thursday, September 17:

Time: 10 am to 11:30
Location: **Val Lanes**, 100 Ashworth Rd, West Des Moines, 50265
Activity: **Bowling**
Dress: Casual
Phone: 515-274-0493

Thursday, September 24:

Time: 10 am to 11:30
Location: **West Des Moines Human Services**, 139 6th St, West Des Moines, 50265
Activity: **Bingo**
Dress: Casual
Phone: [515-222-3660](tel:515-222-3660)

Pre-registration is required.
Please call 222-3660 for more information or to register.